

# CORONAVIRUS [COVID 19]



**SYMPTOMS:**  
COUGH, FEVER,  
SHORTNESS OF BREATH



**TRANSMISSION:**  
PERSON-TO-PERSON



**INCUBATION PERIOD:**  
SYMPTOMS PRESENT WITHIN  
14 DAYS OF EXPOSURE



**PRECAUTIONS:**  
WASH HANDS, SOCIALLY  
DISTANCE YOURSELF,  
DISINFECT SURFACES



**DIAGNOSIS:**  
CONFIRMED BY  
LABORATORY TEST



**TREATMENT:**  
REST, HYDRATE,  
OVER-THE-COUNTER  
MEDICATIONS AS DIRECTED BY  
YOUR PHYSICIAN

## HOW TO PREVENT THE SPREAD OF COVID-19

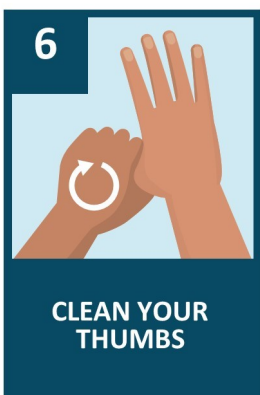
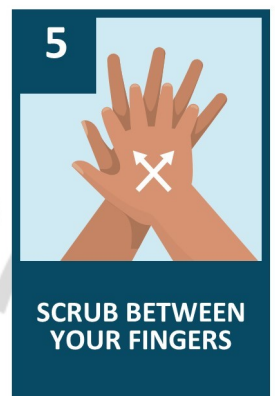
WASH YOUR HANDS	COVER YOUR COUGH	STAY HOME WHEN SICK	DISINFECT SURFACES	AVOID SICK PEOPLE	DON'T TRAVEL TO HI-RISK PLACES	WEAR A MASK ONLY IF SICK

Visit [www.cdc.gov/coronavirus/2019-ncov/](https://www.cdc.gov/coronavirus/2019-ncov/) for more information.

Sources: [cdc.gov](https://www.cdc.gov/), [who.int](https://www.who.int/)

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DO YOU KNOW HOW TO **EFFECTIVELY** WASH YOUR HANDS?



When using **HAND SANITIZER**, make sure it contains at least **60% ALCOHOL**. Rub all over hands for **20 SECONDS**. Do **NOT** rinse.